Your menu

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Organic beef meatballs or Vegan meatballs	Chicken puff pastry pie or Quorn puff pastry pie	Roast of the Day or Crumb topped cauliflower & broccoli bake	Chicken Korma or Quorn Korma	Battered fish or Quorn dippers
Served with pasta, Mediterranean sauce, homemade garlic dough balls, and vegetables.	Served with mashed potato and vegetables	Served with roast potatoes, vegetables, and gravy	Served with rice with vegetables and naan	Served with chips, garden peas or baked beans
Iced or cream filled buns Chocolate orange cookie Strawberry muffin Jam & coconut sponge	Iced or cream filled buns Raisin oat cookie Chocolate crunch Summer fruit crumble	Iced or cream filled buns Shortbread slice Lemon muffin Cornflake tart	Iced or cream filled buns Cookie Banana flapjack Sprinkle cake	Iced or cream filled buns Cornflake cookie Chocolate cracknel Apple & Summer berry cobbler
Paninis Cheese Cheese & ham Tuna melt	Paninis Cheese Cheese & ham Tuna melt	Paninis Cheese Cheese & ham Tuna melt	Paninis Cheese Cheese & ham Tuna melt	Paninis Cheese Cheese & ham Tuna melt
Tikka chicken wrap, panini, rice or noodle bowl	Sweet chilli chicken wrap	Roast of the Day in a roll	Teriyaki chicken wrap, panini	Fish finger sandwich
rice of floodie bowl		Piri-Piri chicken wrap	rice or noodle bowl	BBQ Chicken Wrap
Jacket potato	Jacket potato	Jacket potato	Jacket potato	Jacket potato
Pasta bowl	Pasta bowl	Pasta bowl	Pasta bowl	Pasta bowl
Pizza Slice	Pizza Slice	Pizza Slice	Pizza Slice	Pizza Slice
Fresh Salad Bowl	Fresh Salad Bowl	Fresh Salad Bowl	Fresh Salad Bowl	Fresh Salad Bowl
Brunch muffin Quorn sausage pattie & poached egg in a muffin	Bacon with cream cheese bagel	Cheese and bean toastie or wrap	Brunch muffin Quorn sausage pattie & poached egg in a muffin	Curry folded naan
Bacon roll	Bacon roll	Bacon roll	Bacon roll	Bacon roll
Belgian Waffle	Belgian Waffle	Belgian Waffle	Belgian Waffle	Belgian Waffle
Buttered toast Buttered Bagel	Buttered toast Buttered crumpet	Buttered toast Buttered bagel	Buttered toast Buttered bagel	Buttered toast Croissant
Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts

All main and Grab & Go menu options are part of the meal deal Vegan meals are available on request.

For information regarding allergens or any dietary requirement please speak with your school.

