

## Free school meals

Your child could be eligible for free school meals aged up to 18 if you're on certain benefits. Find out more at: [www.derbyshire.gov.uk/freeschoolmeals](http://www.derbyshire.gov.uk/freeschoolmeals)

## Holiday activities and food programme

This programme offers school holiday activities and healthy food for children across Derbyshire. Sessions are free for families who claim benefit related free school meals. Find out more at: [www.derbyshire.gov.uk/haf](http://www.derbyshire.gov.uk/haf)

## Funded childcare

If you have younger children then you might be eligible for up to 30 hours of funded childcare. Find out more here: [www.derbyshire.gov.uk/childcarecosts](http://www.derbyshire.gov.uk/childcarecosts)

## Council Tax Support

More people could be eligible for support with their Council Tax than realise it. Visit: [www.derbyshire.gov.uk/counciltaxhelp](http://www.derbyshire.gov.uk/counciltaxhelp)

## Mental health and wellbeing

Looking after your emotional and mental health is really important. Get support here: [www.derbyshire.gov.uk/mentalhealth](http://www.derbyshire.gov.uk/mentalhealth)

## Free healthy lifestyles support

Derbyshire residents can get FREE support to stop smoking, lose weight and get more active with [www.livelifebetterderbyshire.org.uk](http://www.livelifebetterderbyshire.org.uk)

## Benefits check up

You could be missing out on benefits that you're entitled to. Find out more at: [www.derbyshire.gov.uk/welfarebenefits](http://www.derbyshire.gov.uk/welfarebenefits)

## Borrowing and saving

You can get information about lower cost alternatives to pay day loans, savings and community banks at [www.derbyshire.gov.uk/savingsandcredit](http://www.derbyshire.gov.uk/savingsandcredit)



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[www.derbyshire.gov.uk/costofliving](http://www.derbyshire.gov.uk/costofliving)