

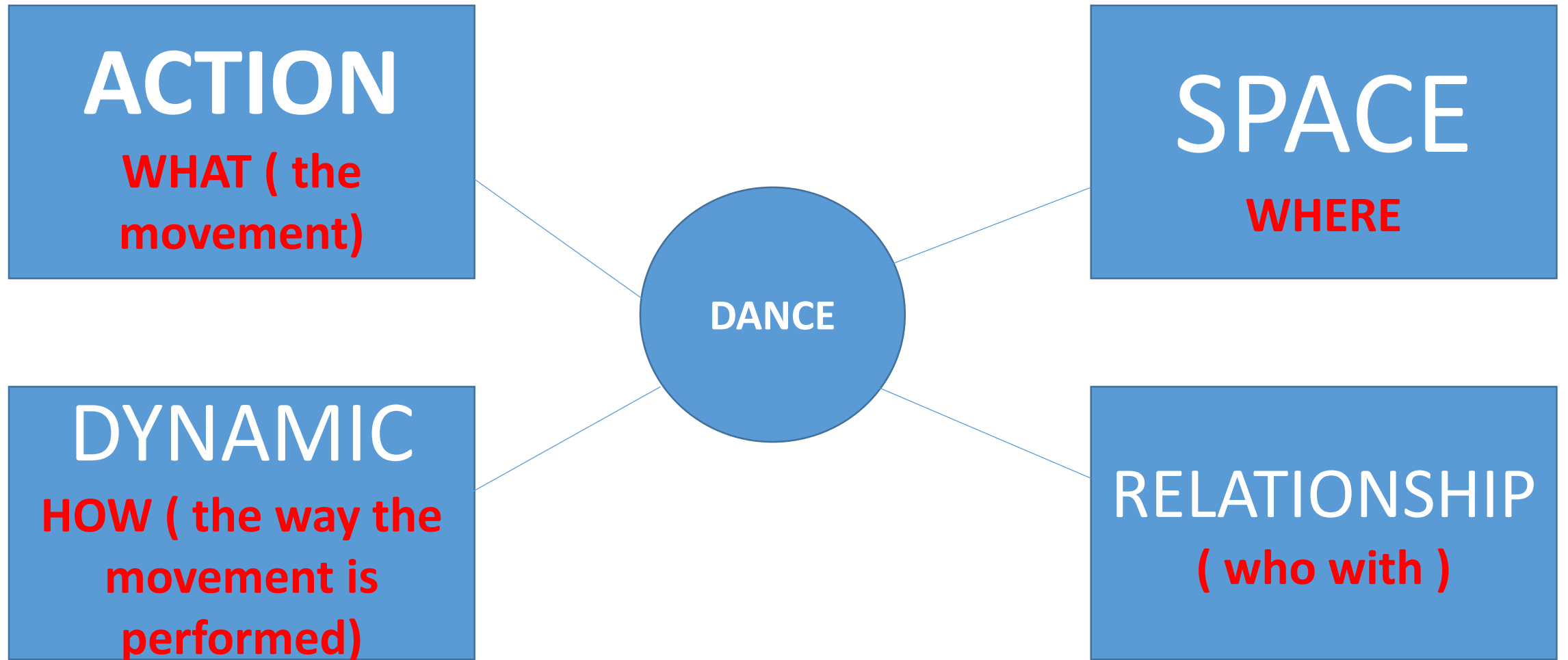
Dance at OIEA



Task 1- Mind map as many different dance styles that you can think of



Any dance is made up by these 4 key elements



Today lets look at Action and Dynamics

Task 2: Complete the tables below by adding different movements in the action boxes and different ways you could do the movement in the dynamics box.

Number	Action- movement
1	Jump
2	reach
3	
4	
5	
6	

Number	Dynamic- The way it is done
1	Fast
2	Sharp
3	
4	
5	
6	

Task 3 – Dance by Chance

1) You will need a dice or write numbers 1-6 on small bits of paper and fold them up

2) Roll the dice 8 times and fill in the action side of the table (use the actions you listed before)

3) Roll the dice 8 times again and fill in the dynamic side (use the dynamics you listed before)

4) You have now created by chance a 8 count dance.... UP YOU GET and give it a go!!



Action	Dynamic
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	

For example- I roll a 2 and the actions is reach (from my table before) so I write it at the top , the a roll a 1 and the action is jump so I write this underneath . Do this until you fill all 8 boxes.

Dynamics- I roll a 1 first and the dynamic is fast , so I write fast in the top box, then I roll a 4 so I put slow underneath it.

Example

Action	Dynamic
Reach	Fast
Jump	Slow
clap	sharp
jump	strong
Reach	slow
turn	fast
Kick	Fast
kick	slow

Number	Action- movement
1	Jump
2	reach
3	roll
4	clap
5	kick
6	turn

Number	Dynamic- The way it is done
1	Fast
2	Sharp
3	smooth
4	slow
5	floaty
6	strong

Task 4 Choreography time (creating a dance)

- You have 8 counts of a Dance that you created by chance rolling the dice.
- Now have a go at creating another 8 counts using different actions that were not in the table.
- Finally put both together to some music of your choice.



Task 5: Answer the questions below

- 1) Have you got any experience in Dance?
- 2) What Dance styles are you interested in?
- 1) Would you attend a Dance or Performing Arts club after school?