PHSE Policy

Review Date: July 2017

To be reviewed in July 2018
PHSE Policy

PHSE Programme

Personal, Social, Health and Economic (PSHE) education is a school subject developed to provide pupils with knowledge, skills and attributes they need to manage their lives, now and in the future. Under section 78 of the Education Act 2002 and the Academies Act 2010, schools must provide a ‘balanced and broadly-based curriculum’ which promotes ‘the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and prepares pupils at the school for the opportunities, responsibilities and experiences of later life’. PSHE education makes a major contribution to schools fulfilling this duty.

PSHE education helps pupils to develop the knowledge, builds self-esteem, resilience, empathy and many other skills and attributes they need to thrive as individuals, family members and members of society. From making informed decisions to succeeding in their first job, PSHE education helps pupils to manage many of the most critical opportunities, challenges and responsibilities they will face growing up. These skills and attributes help pupils to stay healthy, safe and prepare them for life and work in modern Britain. PSHE education helps pupils to achieve their academic potential, and leave school equipped with skills they will need throughout later life. PSHE programme can tackle barriers to learning, raise aspirations, and improve the life chances of the most vulnerable and disadvantaged pupils.

The PSHE programme overs the following aspects:

- Study Skills
- Health and Well Being
- Sex and Relationships Education
- Employment, Work Related Learning and Careers
- British Values / Human Rights
- Drugs Education

The key aims are to:

- Be able to give reasons for their opinions
- Be sensitive to the needs and lifestyles of others
- Acquire knowledge and understanding about becoming informed citizens
- Actively participate and take responsible action
- Develop confidence and responsibility
- Develop a healthy, safer lifestyle
- Develop good relationships and respect the differences between people
- Develop skills of enquiry and communication
• PSHCE staff expect all pupils to:
  • Participate fully in every lesson
  • Respect the views of others
  • Listen to the views of others and form their own opinions

In year 7 students will be taught about:

• Transition to secondary school
• Learning to learn and attitudes to learning
• Personal and road safety
• Self-esteem and how to cope with media influences
• Introduction to smoking, drugs, alcohol and energy drinks
• SRE: changing relationships, marriage, divorce, bereavement and peer pressure
• Careers: Raising aspirations and equal opportunities

In year 8 students will be taught about:

• Smoking and drugs
• Strategies to learning
• Financial literacy: Bank facilities, budgeting, saving and value for money
• Refugees and travelling
• Choosing and preparing for options
• SRE: Physiological anatomy, consent and beginning to look at contraception
• Crime: Introduction to the criminal justice system
• Mental health: Coping with mental health issues

In year 9 students will be taught about:

• British values
• Financial capabilities
• Healthy eating and lifestyles
• Bullying: cyber bullying and homophobic bullying
• Drugs education
• Informed career choice and employment skills
• Sex and relationships – relationship, intercourse, consent and contraception.

In year 10 students will be taught about:

• Crime and perceptions
• Anti-social behaviour, knife crime and gang culture
• Substance abuse, alcohol and legal highs
• Conflict and the refugee situation
• Homelessness
• SRE: contraception, Sexually transmitted diseases, teenage pregnancy, HIV and AIDS
• Domestic violence, arranged marriages, female genital mutilation, abortion

In year 11 students will be taught about:

• Careers and personal statements
• Exam revision, techniques and revision skills
• Alcohol and drugs
• Choices and consequences and crime
• Coping with stress

Sexual and relationship education (SRE):
In accordance with the guidelines surrounding SRE students are taught the following topics at each key stage:

Key Stage 3
Students will learn about anatomy, physiology, sexual intercourse, pregnancy and childbirth.

Specific topics include:

• Puberty
• Dealing with changes (emotional and physical)
• Changing relationships (marriage, divorce and bereavement)
• Reproduction and reproductive organs including an introduction to the concept of FGM
• Grooming
• Sexual intercourse and consent
• Pregnancy and childbirth
• Coping with loss

Key Stage 4
Students will learn about anatomy and physiology in further detail, puberty and adolescence, sexually transmitted infections, and the social and emotional aspects of relationships.

Specific topics include:

• Teenage Pregnancy
• Sexually transmitted disease, HIV and Aids
• Contraception
• Domestic violence
• Grooming
• Contraception
• Arranged marriages
• Abortion
• Female genital mutilation

Parents have the right to withdraw their children from all or part of the SRE provided at the academy except for those parts deemed as compulsory and included in the statutory National Curriculum.

If a parent wishes their child to be withdrawn from SRE lessons, they should put in writing which aspects of the programme they do not wish their child to participate in and send this to the academy addressed to the Head of PSHE. The academy always complies with the wishes of parents in this regard and will provide appropriate sources of information for parents who wish to withdraw their children.

If a parent withdraws their child from topics that are not included in the statutory National Curriculum then the academy will make alternative arrangements for the student.